

Your Values

Circle your top 10 values.

Rank your 10 circled values, 1 through 10.

A Leader <i>inspires and motivates others</i>	Flexible <i>easily adjusts to new circumstances</i>
A Person of Faith <i>has a strong belief in a higher power</i>	Forgiving <i>releases feelings of resentment or vengeance</i>
A Team Player <i>appreciates and works with others to achieve goals</i>	Fun <i>has a goal of playing and having fun</i>
Accurate <i>strives for freedom from mistakes or errors</i>	Generous <i>gives abundantly to others</i>
Adventurous <i>is recharged by new and exciting experiences</i>	Grateful <i>lives thankfully, finds blessings in daily life</i>
Ambitious <i>thrives on finding new opportunities</i>	Healthy <i>cares for their body, mind and spirit</i>
Authentic <i>displays their true nature and feelings, is real</i>	Helpful <i>serves and assists others, enjoys feeling useful</i>
Autonomous <i>desires to be self-governing, decides for oneself</i>	Honest <i>prioritizes truth telling in everything they do</i>
Brave <i>finds the courage to face fear, danger, or difficulties</i>	Hopeful <i>anticipates the future with optimism</i>
Community Orientated <i>cares for and builds up the area where they live</i>	Humble <i>takes action to minimize attention</i>
Compassionate <i>feels or shows concern for others</i>	Imaginative <i>shows inventiveness, forms mind pictures</i>
Content <i>is at ease with the way things are</i>	Inclusive <i>receives others as they are, non-judgmental</i>
Creative <i>sees things in a different way, makes something new</i>	Independent <i>desires to be self-sufficient, provides for oneself</i>
Dependable <i>is reliable, follows through on tasks as promised</i>	Innovative <i>strives to find new and better ways to do things</i>
Determined <i>acts with intention and persistence</i>	Introverted <i>is recharged by being alone, prefers quiet settings</i>
Environmentally Friendly <i>cares for and protects the earth</i>	Just <i>seeks justice and fairness, senses right and wrong</i>
Extroverted <i>is energized by being around others</i>	Kind <i>considers others and their feelings</i>
Family Orientated <i>prioritizes relationships with family</i>	Knowledgeable <i>acquires skills through experience or education</i>

YOUR Life YOUR Voice

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(Continued)

Mindful <i>focuses on the present, is intentional</i>	Responsible <i>assumes accountability for actions</i>
Motivated <i>displays goal orientated behavior</i>	Risk-Taking <i>enjoys challenges and taking risks</i>
Mysterious <i>desires to remain secretive, unknown</i>	Romantic <i>chooses to view life in an idealized way</i>
Nurturing <i>provides care for or develops another</i>	Self-Accepting <i>accepts themselves as they are</i>
Obedient <i>follows directions, upholds instruction</i>	Self-Controlled <i>refrains from something due to a personal belief</i>
Open-Minded <i>is open to experiences, ideas, and opinions</i>	Safe <i>refrains from risk-taking behavior</i>
Optimistic <i>sees the positive in a situation</i>	Sincere <i>is loyal and heartfelt to others</i>
Organized <i>thrives on finding order and pattern in life</i>	Successful <i>strives to achieve a purpose</i>
Original <i>refrains from imitating or following others</i>	Spiritual <i>has a strong belief in a spiritual realm</i>
Passionate <i>lives life with strong feelings and beliefs</i>	Spontaneous <i>acts on impulse, without planning</i>
Peaceful <i>promotes harmony amongst others</i>	Stable <i>provides a sense of security and protection</i>
Powerful <i>shows control in situations, influences others</i>	Strong <i>performs demanding physical or emotional tasks</i>
Practical <i>approaches life with logic and common sense</i>	Traditional <i>follows established patterns from the past</i>
Predictable <i>enjoys knowing what to expect</i>	Tranquil <i>remains calm and centered</i>
Productive <i>thrives on completing tasks and projects efficiently</i>	Transparent <i>is clear, easily understood, has nothing to hide</i>
Relational <i>enjoys supporting and connecting with others</i>	*Write Your Own
Relaxed <i>desires to have a stress free, comfortable life</i>	*Write Your Own
Resilient <i>recovers quickly from difficulties</i>	*Write Your Own

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