



GOAL SETTING

Your Key To Success!

Having goals gives you a purpose. They keep you focused on the future so you don't dwell on the past. What are your short and long term goals? What will it take to achieve them? Think about how you can break them into small steps so they are more manageable. Write them down and monitor your progress.



Goal For:

This Week This Month This Year After This Year

The Goal

Steps to reach my goal

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Goal For:

This Week This Month This Year After This Year

The Goal

Steps to reach my goal

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YOUR Life YOUR Voice

www.yourlifeyourvoice.org