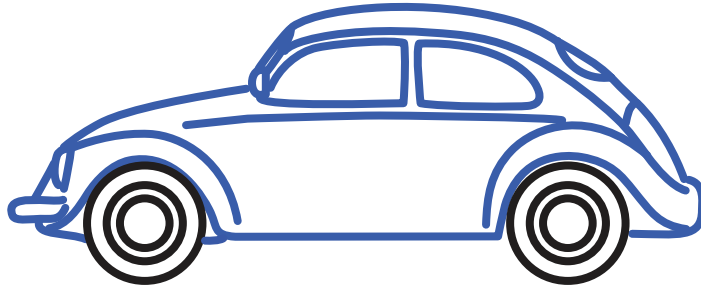


PARK IT:

Take A Break So You Can Keep Going



Situations when I need a break:

Things I can do to take a break: