



Shedding a light on Your SPENDING HABITS

**Ever wonder where
your money went?
LET'S FIND OUT:**

1. Keep all receipts for 2 weeks.

At the end of the two weeks answer the following questions:

- ③ How much money did you spend total?
- ③ How much did you spend on food- including fast food?
- ③ How much did you spend on social activities such as movies, sports events, etc.?
- ③ How much did you spend on clothes?
- ③ Did you give any to help others or make any donations?

2. Out of the things that you bought--what did you need & what could you have done without?

3. How much money do you have left to spend?

4. Do you think you need to spend less money?

5. Do you need help with budgeting your money? What adult could you ask to help you?

6. How much money do you put in savings each month? If you don't put in any, how much can you spare each week or month to add to a savings account?